



Butterfly Plants

Larval & Nectar Sources

Name	Nectar/Host	Height	Color	Bloom Time
<u>Annuals</u>				
Candle Tree	Host	12'	Yellow	Late Summer-Fall
Cosmos	Nectar	2'	Mixed	Summer
Globe Amaranth	Nectar	12"-18"	Mixed	Summer-Fall
Marigold	Nectar	1'	Yellow, Orange	Summer-Fall
Mexican Sunflower	Nectar	3'	Orange	Summer-Fall
Penta	Nectar	2'	Red, Pink, White	Summer-Fall
Tropical Butterflyweed	Both	3'	Red & Orange	Summer-Fall
Zinnia	Nectar	1'	Mixed	Summer-Fall
<u>Herbs</u>				
Anise Hyssop	Nectar	to 3'	Lavender	Spring-Fall
Bee Balm	Nectar	3'	Scarlet, Pink	June-Sept.
Borage	Nectar	1'-3'	Blue	Spring-Fall
Catmint	Nectar	12"	Lavender	Summer
Chives	Nectar	8"-12"	White to Lavender	May
Dill	Host	2'-4'	Yellow	Summer
Fennel	Host	2'-3'	Yellow	Summer
Heliotrope	Nectar	2'-3'	Lavender	Summer-Fall
Horehound	Nectar	to 3'	White	Spring-Fall
Lavender	Nectar	to 18"	Lavender	Spring-Fall
Marjoram	Nectar	to 15"	White	Summer
Mexican Mint Marigold	Nectar	3'-4'	Yellow	Summer-Fall
Parsley	Host	12"-24"	White	Late Spring
Pineapple Sage	Both	3'	Red	Summer-Fall
Rue	Host	2'-3'	Pale Yellow	Late Summer
Spearmint	Nectar	1'-2'	Lavender	Summer-Fall
<u>Perennials</u>				
Aster	Nectar	18"-3'	Pink, Purple	Fall
Autumn Sage	Nectar	2'-3'	Many	March-Oct.
Black-eyed Susan	Nectar	3'	Yellow	June-Sept.
Blackfoot Daisy	Nectar	12"	White	May-Sept.
Butterfly Weed	Both	1'-3'	Orange	May-Sept.
Candytuft	Nectar	1'	White	March-April
Cardinal Flower	Nectar	3'	Red	Aug.-Sept.
Columbine	Nectar	2'-3'	Yellow, Red	March-April
Coneflower	Nectar	3'	Pink, White	June-Sept.
Flame Acanthus	Both	3'-5'	Orange	June-Sept.
Frogfruit	Both	8"	White	Spring-Fall
Gayfeather	Nectar	3'	Purple	Aug.-Sept.
Goldenrod	Nectar	3'	Yellow	June-Sept.
Hollyhock	Host	3'-5'	Mixed	Summer-Fall
Indian Blanket Flower	Nectar	2'	Red, Yellow	May-Sept.

Name	Nectar/Host	Height	Color	Bloom Time
Joe Pye Weed	Nectar	3'-5'	Pink to Purple	Summer-Fall
Lantana	Nectar	3'-4'	Yellow, Orange, Red, Pink	May-Sept.
Loosestrife	Nectar	3'	Pink	Summer-Fall
Penstemon	Nectar	2'	Pink, Purple, White	Spring-Fall
Pincushion Flower	Nectar	2'	Blue, Pink	May-Oct.
Sedum	Nectar	2'	Pink	June-Sept.
Shasta Daisy	Nectar	2'	White	March-April
Turk's Cap	Nectar	3'	Red	June-Sept.
Verbena	Nectar	2'	White, Pink, Purple	May-Sept.
Violet	Both	8"	Blue, Purple	Spring
Yarrow	Nectar	1'-2'	Many	June-Sept.

Shrubs and Trees

Butterfly Bush	Nectar	to 12'	White, Pink, Purple	May-Frost
Cedar Elm	Host	50'	White	Fall
Chaste Tree	Nectar	15'	Lavender	June
Desert Willow	Nectar	25'	White, Pink	April-June
Dogwood	Nectar	20'	Pink, White, Red	March-April
Glossy Abelia	Nectar	10'	White	June-Oct
Hibiscus	Both	2'-6'	White, Pink, Red	May-Sept.
Mexican Buckeye	Nectar	20'	Red	March
Mexican Plum	Both	20'	White	March
Redbud	Nectar	20'	Pink, Purple	March-April
Rusty Blackhaw	Nectar	15'	White	March-May
Spirea	Nectar	2'-3'	White, Rose, Pink	May-Sept.
Western Soapberry	Host	35'	White	May-June

Vines

Carolina Jessamine	Nectar		Yellow	March-Aprill
Cypress Vine	Nectar		Red	May-Sept.
Dutchman's Pipe	Host		White & Burgundy	
Honeysuckle	Nectar		White, Red, Yellow	Spring-Fall
Passion Flower	Host		Purple	April-Sept.
Star Jasmine	Nectar		White	May-June
Sweet Autumn Clematis	Nectar		White	Fall
Wisteria	Nectar		White, Lavender Blue	April-May

Call a NHG Garden Advisor with questions and availability.

Compliments of North Haven Gardens, 7700 Northaven Rd, Dallas, TX 75230, 214-363-5316 www.NHG.com